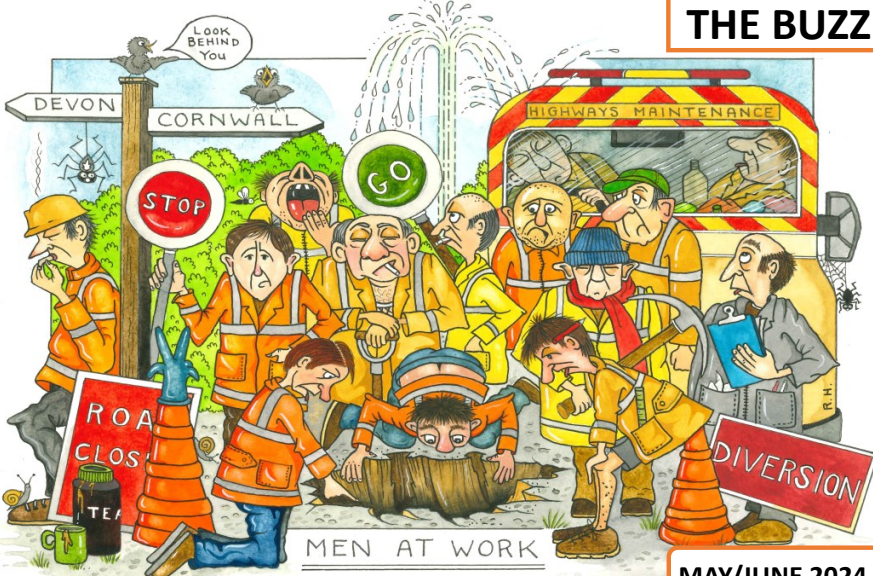


THE BUZZ



MAY/JUNE 2024



Dear Buzz Readers,



The Big Day has come!!!

Our Shop is soon to open its doors after the village not having this facility for 10 years.

Quite a lot of other things happening in our village during the next couple of months as you will read in this newsletter. Please support them when you can.

Sheila Cholwill
Editor

email: sheilacholwill@btinternet.com
telephone: 01288 381350

PRELIMINARY NOTICE:

**VEGETABLE/ ART &
CRAFT SHOW**

SKITTLES

BINGO

**CELEBRATING OUR VILLAGE
REVEL WEEK**

MONDAY 29TH JULY—SATURDAY 3RD AUGUST

RAMBLE / BBQ

**YOUR
SUGGESTIONS
AND OFFERS OF
HELP PLEASE!**

**CAR TREASURE
HUNT**

THE BRIDGE MILL AT BRIDGERULE



**SUNDAY 12TH MAY
2024
11AM - 4PM**

**ADULTS £5
CHILDREN FREE**

**WORKING WATER MILL
OPEN FOR NATIONAL MILLS DAY**

**MAMMOTH PLANT SALE
LAKE AND RIVERSIDE WALKS
WILDFLOWER MEADOWS * LODESTONE MORRIS
STALLS * TOMBOLA * REFRESHMENTS**

NO DOGS ADMITTED (EXCEPT GUIDE DOGS)

www.thebridgemill.org.uk

T A M A R

**ROCK AND ROLL
CLUB
PRESENTS**



The Roosters

Saturday 25th May



**Bridgerule village
hall EX227DY**

7:30 – 11:30

Advance tickets £10 On the door £12
For tickets text Jackie on 07533353388

Free tea & coffee Cash bar
Raffle Find us on Facebook @TamarRockandroll Clothing stall
Email: freewayalbus@mail.com

REMINDER:

**There will be no
Tamar Rock and Roll
Club in June**

**We will be back on
July 27th with
DJ Dynamite Dave.**

WE'VE DONE IT!!



We are pleased to announce that the shop

Grand Opening

will take place on

Saturday 18th May

at 11:00 am

**Opening ceremony to be carried out by
The Mayor of Holsworthy
Cllr. Nigel Kenneally.**

Followed by light refreshments in the hall.

A big thank you to all our shareholders and those who made donations.

**Please order your newspapers and
magazines by e-mailing
bridgeruleshop@aol.com or talk to
Sheila / Kevin / Georgina.**

Initial Opening Hours

Mon – Sat: 8:30 – 5:30

Sunday 9 -12

**Whilst our initial stock will be varied, we are keen on
feedback as to what you would like.**

So, please pop in and browse.

**Have a freshly brewed tea or coffee
(bean to cup)**

**Fresh cakes, pies & pasties. Not forgetting the
sweets.**

Also a selection of cards.

Don't dig it here..

Dig it elsewhere..

It's got to be round and it
cannot be square.

You're digging it wrong ...

It's far too long ...

And you can't dig a hole where a hole
don't belong !!



Sound Healing
and Sound Baths



Fliss Guppy practices Sound Baths at Bridgerule Village Hall.

Her next session is at **7.00pm on Thursday 16th**

Please contact her on:

flissyguppy@sereneporththerapies.co.uk

Or 07467302982

THANK YOU BRIDGERULE !



Village Shop

“The Bridgerule Community Shop Team would like to share their appreciation in the support that the community gave to our first Bingo event on Saturday 16th March by sending out a big “Thank You” to all who attended. It was a happy family event with the hall being full and over £750 was raised to help stock the shop.

Also appreciated were the wonderful raffle prizes, chicken dinners and time given by volunteers. One person in particular deserves a very big thank you and that goes out to Scott for his excellent skill and knowledge in calling the Bingo numbers and their various ditties! This all helped make the evening such a success”



ST. BRIDGET'S PARISH CHURCH

SUNDAY SERVICES 11.00am



5th May	Sung Eucharist
12th May	Morning Prayer
19th May	Joint Service at Methodist Chapel
26th May	Joint Service with Methodist Chapel
2nd June	Sung Eucharist
9th June	Morning Prayer
16th June	Joint Service at Methodist Chapel
23rd June	Joint Service with Methodist Chapel
30th June	Benefice Eucharist—10.00am



Members of The New Inn Ladies Skittle Club Kilkhampton celebrated their end of season meal and presentation of individual trophies. George Hemmings, Captain, thanked the team for supporting her. The team came fifth in the Holsworthy and District Ladies League.



Members of the Art and Craft Club take part in various craft activities when they meet. At a recent session members enjoyed decorating some Easter Eggs before taking them home.

**Holsworthy
Town Band**



**Come and be a part of the band's exciting
new era under our new Musical Director
Kevin Ackford.**

We are looking for players of any age,
standard or experience to rebuild our
band.

All positions are negotiable.

We rehearse on Thursday evenings from
7.30—9.30pm

For full details please contact: Sue Lyle:
suelyle65@hotmail.co.uk
or Kevin Ackford:
info@kevinackford.uk / 07866 510 297

 **No dog
fouling**

If you are a owner of a dog
who walks by our new
shop. Why are you letting
it foul our new shop
pathways and far worse
not pick it up?

3 times this has happened
in a very short time !!!

You obviously do not care
WE DO...

SO STOP YOUR BAD HABIT!

 NATIONAL GARDEN SCHEME
Garden Open For Charity 

**The Bridge
Mill**

Mill Rd, Bridgerule, Holsworthy,
EX22 7EL

**Sunday 2 June
11am - 5pm**

Adults £5 Children free
Website: www.thebridgemill.org.uk





More information at ngs.org.uk

ZUMBA GOLD – Low Impact

Monday Morning 09.45 – 10.45 am
11.00- 12.00 am

Licenced Instructor Sharon Martin

Tel: 07805026364 /or email
shazforty@hotmail.com



TABLE TENNIS

Tuesday from 2.00pm

Contact Alan on

01288 382988 or

email quilts@hotmail.com

PILATES - Tuesdays 5.45 - 6.45
7.00—8.00

EMILY SKERRETT

Email: ems1982a@gmail.com

Tel: 07828947545



ART AND CRAFT CLUB

Wednesday afternoon

Contact Kath on

01288 381459 / or

Kathwhatmore@gmail.com



DOG OBEDIENCE CLASSES

Telephone Christine on

01288 381104 or

Mutley Crew Dog Club

Facebook

SHORT MAT BOWLS

Friday from 2.00pm

Contact Scott on 01288 381459

or email sdwhatmore@gmail.com



More Change for Microsoft Users

Most Windows users are aware windows 10 will be retired on October 14, 2025 and it has been rumoured Windows 12 will be released at that time also.

OK! I can just hear the gasps of amazement from those who have just spent a fortune buying a new system to accommodate windows 11! and for those thinking of buying a new machine, a delay on that decision maybe be helpful!

Well, here's the current gossip! Windows 12 or possibly Windows 13, Microsoft may just skip a version will be released at the end of 2025, it will display an amended user interface and floating taskbar. Windows 12 will focus more on AI, which is already happening in Windows 11.



There is a plan to create a shortcut to the Bing AI chatbot on the Windows 11 taskbar and the Copilot update for Windows 11 brings AI to photo editing, Paint, Outlook and other Microsoft programs.

Video editing has become a user necessity and AI is an ideal tool to implement it, however older graphics cards and CPU's may not be capable of handling the newer technology.

Microsoft Teams, Skype and Messenger is likely to merge into one Microsoft Messenger app, but all this is yet to be confirmed by Microsoft.

Talking of AI more chat bots have opened up, one such is life2vec where it offers to calculate your life span. The producers claim to be 11% more accurate than ChatGPT with its forecasts, however they do not disclose what figures their results are based on. Therefore, I suspect, it needs a lot more work before it can be considered accurate as does all other chatbots. Don't use the response from a chatbot for anything official, accuracy is seriously lacking.



Phishing for your data is now at epidemic proportions and no one should believe they are free from it, especially those using social media at any level. Just believing not banking on line will stop a thief from stealing your money need to think again. As of January 2024, there were 5.35 billion internet users worldwide, amounted to 66.2 percent of the global population. Of this total, 5.04 billion, or 62.3 percent of the world's population, were social media users.

Your data is available to anyone of these users who have a mind to look for it and downloading it is nothing more than basic knowledge to a 1st grade student.

For free telephone advice call Brian Meadows on 01288 381061

Nofix-Nofee Computer Repair Services

FALCON**29 FEBRUARY 2024**

On 29th February in 2020 I arranged our first lunchtime party for fellow Leaplings (or Leapers). That was on a Saturday - and following some local publicity there were fourteen of us at midday in the Falcon Hotel, Bude. Most were local, but others from Exeter, Honiton and Taunton.

We had a jolly time and the local newspaper and television asked to join us on the day.

When I suggested a repeat on Thursday 29th February 2024, all of them wanted to come, but the youngest two, now 5 and 9, had to work on that day and two had moved away.

However, Week St Mary parish magazine produced a new recruit, so we were eleven this year.

I was the oldest at 20, the youngest, an engineer, was 10. Three of us live or work in Bridgerule.

Each was again invited to bring a “responsible adult” so we were about twenty in all - and there was some under-age drinking.

Furthermore, several Leaplings had kept in touch within the group so there was quite a reunion. Two television crews were there and stayed for most of lunchtime, possibly encouraged by Camel Valley champagne.

The hotel provided an excellent buffet and a lady in Pancrasweek supplied a wicked chocolate cake – four sides, four candles.

After the party, my wife Heather took me to a small but delightful hotel on the edge of Dartmoor.

In 2020 she had laid on a major surprise party in Bridgerule village hall, so I was rather nervous.

There were no additional guests for us, but we did encounter a young couple who had known each other for many years. She – also called Heather - was just taking advantage of the date to propose to her man Daniel, so my Heather encouraged him to say Yes.

It was difficult for him to refuse with a genuine Leapling lurking nearby.

I like to think that we shall all do it again in 2028 (a Tuesday). I shall be very pleased and surprised to attain my 22nd birthday on Sunday 29th February 2032.

Any local Leapling reading this should contact me now and book a place for 2028.

Christopher Darwin
01288 381265 jcsdarwin@gmail.com

BRIDGERULE METHODIST CHURCH
Welcome you to their SERVICES 11.00am

5th May **Jan Orchard**
19th May **Revd Simon Leigh 11.15am**
 Sacrament

2nd June **Mrs. Cath Paddon**
16th June **Rev. Simon Leigh**
30th June **Courtney Drew**



Neighbourhood Watch Notes



If you need to report a problem or a crime, and because there is no public phone number for Holsworthy police station, the best way is using "[devon-cornwall.police.uk](https://www.devon-cornwall.police.uk)" and find the section "report a crime" and fill in the details. Phone 101 as a last resort. But 999 is still there in an emergency, or if something is happening now.

So call 999 if you spot a Rogue Trader or, even worse, if they come to your door offering all sorts of work for "cheap " prices, or worse again, saying that without them doing what they say needs to be done, you are in danger. Don't believe it. They are just cold calling. Don't be rushed into making a hasty decision. Check all facts carefully and in your own time and with neighbours who maybe could recommend a local trader.

Are you tempted to go to The Chelsea Flower Show this year? Or any other special ticketed event? Buy your tickets from a well known reputable merchant, not the first thing that comes up when you use your search engine. Ticket fraud is rising, £6•7 million was lost in 2023 on fraudulent tickets. Report such things to Action Fraud on 0300 123 2040, or "[actionfraud.police.uk](https://www.actionfraud.police.uk)". For emails it is "report@phishing.gov.uk".

Now for something entirely different, do keep your pet dogs out of harms way by having them on a lead anywhere near farm animals, or loose livestock on the moors. No matter what, you can not be absolutely certain that the beast in your pet couldn't come to the fore and chase or kill. It may be shot and you the poorer by six months porridge and/or £1000 fine. Beware of illegal vapes probably containing dangerous chemicals. A smoke like that could be the last thing you ever do. Buy with care.

Finally, getting phone calls, texts, WhatsApp or email from someone - maybe - or not who they say they are? "This is my new phone, or number". Is it? Use the number you know is correct before responding to "my new number". Hackers are everywhere, just like the scum who scam. Be careful, don't speed through the village. If it's free or it looks too good to be true, it probably is. Don't get caught, enjoy the better weather on the way, I hope.

John McDougall Co-ordinator 01288 381237

SHEILA'S MENTIONS

Birthday Wishes to:

Alison Stenton for 10th May
 Christine Gee for the 12th May
 Steve Thomas for the 15th May
 Matthew South for 16th May
 Marion Abbott for 16th May
 Harvey Cholwill for 1st June
 Gwyneth Cameron for 5th June
 Julia Trayford for 5th June
 Jo South for 11th June
 Dee Thomas for 11th June
 Ella Cholwill for 16th June
 Cliff Seymour Smith for 16th June
 Pam Bowler for 18th June
 Betty Slade for 23rd June
 Angela Brock for 26th June



Belated Birthday Greetings
 to **Joan Whatmore** who
 recently celebrated her very
 special 90th Birthday.

Congratulations to
Bill and Margaret Eastcott
 who recently celebrated
 their Diamond Wedding
 Anniversary

Welcome to **Craig and Helen**
 who have recently moved to
Southfields from Hampshire.

Our very best wishes go to
David Cole and Jane Maggs
 of Southfields who are getting married
 soon at St. Bridget's Church.

BRIDGERULES BUZZING COMMUNITY = *facebook page*

*'If you wish to promote an event in our village...
 want something ...or maybe have something for sale'*



*Just let Stacey Hillier Cholwill know and she will upload it on to our
 face book page'.*

Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk

Struggling with bills? Get help now!

The Household Support Fund helps
Torridge residents with:



Food



Energy



Appliances



Housing



Essentials

Apply now
torridge.gov.uk/householdfund
01271 371 499



Do you need help with food?

Torrige is working with the Northern Devon Foodbank, Bideford to provide essential help to those who need it the most this winter. Please see the application process below.

1

Contact Torrige District Council
01237 428700 - Option 9
customer.services@torridge.gov.uk

2

You will be issued with a voucher number to take to your nearest Trussell Foodbank (Bideford or Holsworthy in Torrige).

3

Foodbank contact details and locations
01237 422243 or 07422 651252
Bideford - Supreme House, Pitt Lane, EX39 3JA
Holsworthy - Manor Suite, Memorial Hall, EX22 6DJ
Visit northerndevon.foodbank.org.uk for more locations



WHEELCHAIRS AVAILABLE

If anyone has a family member or friend coming to stay who may be in need of a wheelchair for a short period. The hall may be able to help you out.

Contact Sheila 01288 381350 or a member of the hall committee.

BRIDGERULE VILLAGE HALL

HIRE HALL from just £25

Small Kitchen £10

Large kitchen £15



BOOKING CLERK Telephone: 01288 381350
sheilacholwill@btinternet.com

POTTERS FISH n THINGS sincerely apologise

But their baby is putting in an earlier appearance than expected and so their mobile van will not be coming back until June. We will let you know the date.

Wishing them well!



BRIDGERULE

EVERY TWO
WEEKS



10.30 AM

7TH AND 21ST MAY 2024

4TH AND 18TH JUNE

BRIDGERULES BUZZING COMMUNITY = *facebook page*

*'If you wish to promote an event in our village...
want something ...or maybe have something for sale'*

*Just let Stacey Hillier Cholwill know and she will upload
it on to our face book page'.*



Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk

Derril Water Solar Park Update



The solar park has been bought by a cooperative society managed by Ripple Energy.

The co-op uses a novel approach whereby the coop members get their share of the generated power allocated to them and they get savings on their electricity bills according to how much power they generate and the value of that power.

The co-op is made up of over 9,000 households from all across GB who are all looking forward to generating their own clean power.

More details about this are available here: <https://rippleenergy.com/our-projects/derril-water-solar-park>

The coop has recently entered into a construction contract with Ethical Power, a specialist solar firm located in the South West and works will start on site in June.

The co-op has committed to a community benefit fund of £42,000 per annum that will commence following the first year of operations. Local councillors will be contacted to help set up a process for managing applications to the fund via a third party paid for by the coop.

Road Works and Closures

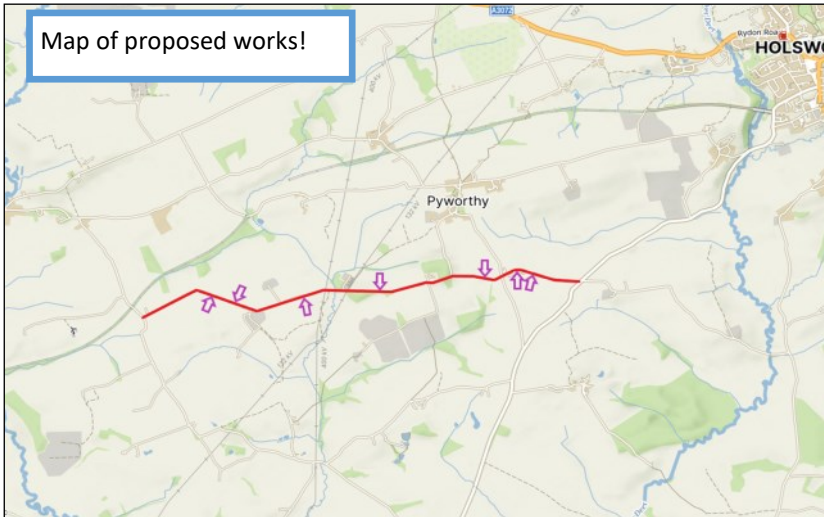
The road section highlighted in red below is expected to be closed during May, subject to the Council confirming timings. The purple arrows indicate where seven passing places will be constructed.

Access will be maintained for local properties and emergency services. If anyone needs to notify the contractors of any special events that may need consideration, or if the behaviour of any workers on site falls below the standards expected, please contact

DerrilWater@RippleEnergy.com.

Additional contact details will be added to the webpage above in due course.

Simon Peltenburg Chief Projects Officer . Ripple Energy



As you get older, you'll realise that a £300 watch
And a £30 watch both tell the same time.

A Michael Kors wallet and a Primark wallet
Hold the same amount of money.

£300,000 house and a £100,000 house can host
the same loneliness.

A Ford will also drive you as far as a Bentley.

True happiness is not found in Materialistic things,
it comes from the love and laughter found with
each other.

Those who have kindly agreed to sponsor The Buzz are:-

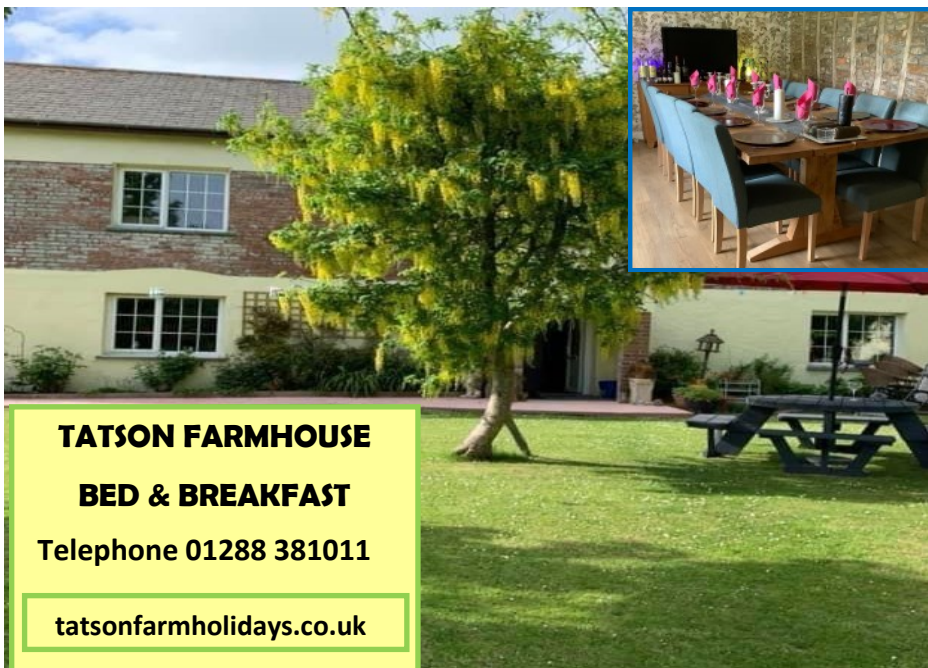
John & Sylvia McDougall - Uplands
 Robert & Julie Honey - South View
 St Bridget's Church Bridgerule
 Angela Brock—The Green
 Mr & Mrs Steel - 8 Southfields.
 Mr & Mrs Allison - Canna Park
 Fred Bond -The Green
 Linda Goodman—1 Bridge Park
 Christine Gee - Southfields
 Bill & Margaret Eastcott- Littlebridge Farm
 Neville & Wendy Rimmer - Silverstone
 Paul & Stacey Cholwill -1 Littlebridge Cross
 Joan & Michael Thornton- Atlanta
 Michelle and Paul Sanders - Rimmersleigh
 Gwynneth Cameron - Southfields
 Mervyn & Sylvia Lucas - Bude
 Ron & Marion Abbott - 2 Bridge Park
 Trevor & Sue Bowden -Churchtown
 John & Carol Palmer - Holsworthy
 Michael & Linda Moore—Okehampton
 Les & Betty Slade - The Green
 Ray & Jan Orchard - Sunnyfields
 Heather Fraser - The Green
 Colin & Fiona O'Reilly - Southfields
 Barry & Joan Marshall - Littlebridge Meadow
 Richard and Michelle Chinn
 Don & Georgina Hemmings Littlebridge Meadows
 C & L Clocks— Glencarne
 Mr & Mrs D J Best - Old Mill View
 Steve and Dee—Southfields
 June Roger—Springbank
 Tony Wallis—Littlebridge Meadows
 Peter & Clarice Harris—Highlands
 Vic & Sue Cowan-Dickie -
 Freda Lacey - 8 Bridge Park
 Derek & Gwen Prouse—Bude
 Graham & Claire Braund—Littlebridge Meadows
 Barry & Lisa Lucas - Elmpark
 Steve & Lorraine—Meadows Barn
 Alex and Emily—The Old Paddock
 Rob & Carol Cox - Willow Crest
 Colin & Helen - Bridgerule
 Paul & Pauline Latham - The Green
 Ron & Sheila White—Littlebridge Meadows
 Phil and Sue Sanders—26 Southfields
 Rex and Helen Eccott—Crosspark
 Ken & Liz James - Merrifield
 Christopher & Heather Darwin
 H Taylor - Southfields
 Tom & Lucy Murray
 P.J. Bobcat Hire— Colin Cholwill
 Chris & Rose Hitchings - The Hitching Post
 Alan & Rosie Beat —The Mill
 Mrs M. Field - 10 Southfields
 Bob and Ellie Mitchell - Littlebridge Meadows
 John & Sonia Gardener - Buttsbeer Farm
 Grenville & Margaret Cleave - Garden Ridge
 Mrs. Sybil Prouse - Rydon
 Richard & Gill Heal - Holsworthy
 Steve and Jo South -Brensham House
 Michael & Jeannette Yeo - Holsworthy
 Marilyn & Victor Pickett— Southfields.
 Ray & Audrey Bewes -The Green
 David & Vivienne Hale -Lodgeworthy
 Mrs. J Bowden - St. Catherines
 Malcolm Newton—Southfields
 John and Michelle –Jardine
 Roger & Diane Green —Moorside
 Julie Reddicliffe - Holsworthy
 Kevin & Leslie Bowditch - Littlebridge Meadows
 Darren & Tasha Stephens - Sanctuary Lodge
 Bill & Lynn Keeley - Canada
 Pete & Angela North - Kents View
 Tim and Carol Honey - Grove Farm
 Alan & Linda Weekes - Littlebridge Meadow
 Jane Charlesworth—Littlebridge Meadows
 Miss P Glover - Lower Dux
 Shaun and Sonia - Elm Cottage
 Mrs J. Vinnicombe - Holsworthy
 Rick & Sarah Hallett—Littlebridge Meadows
 Mr & Mrs James—Borough View
 Mrs Christine Routley—Holsworthy
 Malcolm & Joyce Shadbolt—Kildare
 Trevor & Linda Snowdon—The Green
 Helen Jayne— The Green
 Scott & Kathy Whatmore - Brooklands
 Nigel and Crystal - Tackbear
 Phil & Doreen Elswood Cair Paraval
 Mark & Sarah—Javad
 Winnie Westlake—Arthmead
 Richard & Leila Camp - 1 Meadow View
 Fred and Suzanne Cogdell—Green Pastures
 Steven and Annie Youldon = Knowle
 Ian and Tracy—Larapinta
 Joan Whatmore—Southfields
 Gautam & Susan, Camellia, Canal Rise
 Palmer Family— Tamar House
 Ray & Shirley Delaforce
 Bob & Donna Cooper—Southfields



**REMEMBERING
DADS EVERYWHERE
SUNDAY 16TH JUNE**

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- Fungal infections/Athletes Foot
- Nail Pain
- Diabetic Feet Management
- Dressings and padding to aid healing and comfort.

Reflexology session can be booked separately.

Kate Lord Dip: MFHP IHHHT
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 & International Institute of Health
 & Holistic Therapies.

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 available if you require.

I am a local lady who cares passionately about foot health care. Our feet are the most unappreciated and often most neglected parts of our body and yet they carry us through the whole of our lives!

Kates Complete Feet
Mobile Foot Practitioner
Contact: 07557379099
Email: KatesCompleteFeet1@gmail.com

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HELEN CLAIRE SWIM COACH

Whether you're a beginner, or looking to improve your technique, I am a Swim England Level 2 Swimming Instructor and Open Water Coach

I can offer lessons indoors or at Bude Sea Pool for both adults and children

Contact me to book or for more information
07779 255669
info@helenclaireswimcoach.co.uk



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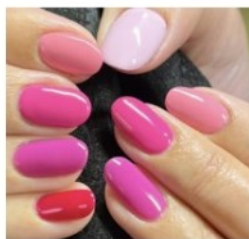
GARETH RYAN

07825 003675

garethianryan@hotmail.co.uk



Izzy B
beautiful nails every day



I am a Nail Technician specialising in natural nails. I work from a tranquil home salon in Week St Mary. I am passionate about looking after the health of your natural nails so exclusively use CND Shellac – a gel polish that causes no damage to the nails. Flexible working hours to suit your needs.

- CND Shellac Manicures and Pedicures
- CND Vinylux nail polish
- Callus Peel, a safe gentle treatment for hard skin removal on the feet
- Nail Art
- Healthy Nails Programme (for nail biters)

Contact me today

0775 1094209

Tracyann Hutchins

Stoneleigh, Week St Mary, Cornwall, EX22 6XA

email: info@izzyb.co.uk

Website: www.izzyb.co.uk

Facebook: www.facebook.com/izzybnails

Instagram: www.instagram.com/izzybnails



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Jammin Nights
Mondays & Wednesdays
From 8.00pm

THE BRIDGE INN

Telephone
 Pam

01409 828119

(please note change of number)

General Knowledge Quiz

Every Sunday Evening - 7.30pm

Maximum of 6 per Team

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Contact: 07968232344/ 07870508867

ROB

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Titson Nr. Bude Cornwall EX230HH

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Grooming Service

Doggy Day Care



Tel: 07731961653

Email: info@breezelyn.co.uk

Website: www.breezelyn.co.uk

Email:
 Website:



Planning Permission
Building Regulations

Please feel free to contact us for a free
no obligation visit and quote

☎ : 01288 352121

✉ : info@rarowe.co.uk

🌐 : www.rarowe.co.uk



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