

THE BUZZ



R.H.

'WHO TRUMPED?'

MARCH/APRIL 2025



Dear Buzz Readers,

Thank you so much to all those who responded to my request in the January Buzz for sponsoring The Buzz Newsletter. It was also particularly nice to receive some support from new residents.

If you have anything you would like in the next Buzz please let me have it by 20th April please.

Sheila Cholwill Editor
Tel: 01288 381350
Email: sheilacholwill@btinternet.com



Editorial Disclaimer:

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Bridgerule Church Tower

OPEN DAY

Saturday 22nd March 2025

11 a.m. – 4 p.m.

Visit the tower and find out what **bell ringing** is like:

- ❖ Great Exercise
- ❖ Make new friends
- ❖ No need to be strong
- ❖ No need to be musical

New to Ringing?

See what it's all about -
come and have a try

**Hand Bell
Ringing:
Demonstration**

11 a.m.

Open Ringing:

Come as a team or
individually

**Refreshments
Available**

Come and have a cuppa
and a chat

More Information:
01288 381247




*Thank you to The National
Heritage Lottery for supporting
work on our Church Tower*

You're Invited!

Glebe Barn Launch Party




Saturday 5th April
Glebe House Cottages, Bridgerule, Devon EX22 7EW
2pm - midnight
Live music, Hog Roast, Bar

Join us in celebrating the opening of our wonderful new wedding
barn!
All welcome

WHAT'S ON AT HOLSWORTHY LIBRARY - MARCH 2025

- Lloyds Bank Community Banking session, Monday 3rd & 17th & 31st - 2pm-4pm
- Songs & Lyrics of Bob Dylan with Gary McCausland, Wednesday 5th - 7pm, booking essential, £3
- Bounce & Rhyme, Thursday 6th, 20th & 27th - 2:15pm -2:45pm (term time only)
- Scams Awareness! Free workshop with Navigate, Friday 7th - 10am-12pm
- Book Bingo Afternoon Tea, Monday 10th - 2:30pm-3:30pm
- Home Education Social Club, Monday 17th - 10am-12pm
- The Goat Show Bounce & Rhyme Takeover (2:15-2:24) & After School Drop in Crafts (3:30-4:30), Thursday 20th.
- Digital Workshop with Learn Devon: Sending & Receiving Email, Friday 21st - 10am-12pm. Free but booking essential.
- Creative Workshop with the Resource Centre, Friday 28th - 10:30-12:30, booking essential, £2
- Antiques Valuation, Saturday 29th - 10:30-12:30, Free drop in session
- Saturday Club! Lego, board games and colouring for children, every Saturday - 10am-12pm

PLEASE NOTE THAT THE LIBRARY WILL BE CLOSED ON THURSDAY THE 13TH MARCH FOR OUR ALL-STAFF CONFERENCE

Free hot drinks available during opening hours. Most events are free but, donations always welcome
holsworthy.library@librariesunlimited.org.uk 01409 253514



Libraries Unlimited is a registered charity 1170092.
 To donate, please visit librariesunlimited.org.uk



Supported
by



TORBAY COUNCIL

St Bridget's Church Repairs



St Bridget's PCC are delighted to announce that they have secured funding for vital repair work on the Church tower.

Built in 1448 the Church has withstood the harsh Atlantic winds for nearly 600 years, which has led to the decay of the mortar holding the stones of the tower in place. Following a successful fundraising campaign lasting nearly five years, the funds are now in place to begin the task of repointing the tower in early April. The nature of the repairs will mean that the church bells will

have to fall silent during the restoration work, and so to launch the project the bellringers will be holding an open day on 22nd March from 11 - 4.00 p.m. This will be a chance to come and see how the bells work, and even have a go at ringing them! At some point during the day there will also be handbell ringing. For further information please contact Trevor Bowden on 01288 381247.

This bellringing open day is the first of many community projects that will run alongside the repair work to the tower over the rest of this year; other activities will include a family history day where those living in the village and the wider area can explore gravestones and records to uncover their families' past, the creation of a reflective space in the Churchyard, a natural history day to explore the flora and fauna, as well as several opportunities to learn more about the restoration project.

The PCC are extremely grateful to all of the funders who have supported the project including a grant of £177,208 from The National Lottery Heritage Fund made possible thanks to National Lottery players, as well as grants from the National Churches Trust, the Garfield Weston Foundation, the Benefact Trust and the Devon Historic Churches Trust.

Claire Walker, Chief Executive of the National Churches Trust, said:

"The National Churches Trust is excited to be able to support St Bridget church to enable them to carry out repairs to their beautiful building. Not only will this protect this important heritage, but it will help to keep the church building open and serving local people."

"Whether seeking quiet reflection, access to community services or a place to worship, the National Churches Trust helps hundreds of churches each year and with the support of local people, keeps them thriving today and tomorrow."

TOBY'S FUNDRAISER

Toby 13, Gill Hedley's grandson, is making these great boxes,£10 each, from reclaimed cedar and larch wood, as a fund raiser for a trip to an International Scout camp at KanderStagg Switzerland, in August 2025.

To order call Gill on 01288 382973



BRIDGERULE FOOTBALL CLUB LATE 1960'S.



My name is Emma Hosie and I have lived in Bridgerule with my husband Dave and 4 daughters for 16 years. I've been a Hairdresser and Nail tech for 25 years and I LOVE IT! I love the transformative aspect, it's safe to say that it's life changing when it's done right.

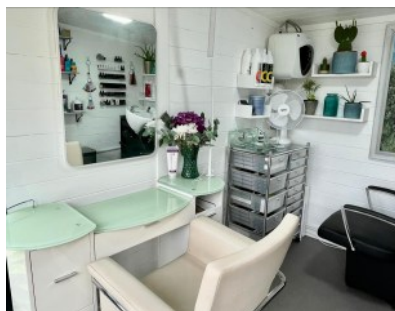
From the perfect haircut with shape and balance, to a multi tonal colour, glossy varnish or set of bespoke hair extensions to give your clients the dream hair and hands they have always wanted.

I love my dream studio; it is tranquil and personal and allows me to attend to my clients on a one-to-one basis. I am also so lucky to have found a nutritional supplement company called Juiceplus to be part of as well, that not only changed my life and my health but is helping to transform the health and lives of others. I feel better now at 53 than I did at 40, stronger both physically and mentally because of it, and I am embracing every opportunity that life throws at me.

It is so rewarding to have two businesses that are so different but intertwined. No day is the same, no client has the same requirements or the same journey. It's exciting to be part of it. I am so looking forward to 2025 and what opportunities it will bring. My client lists are open and I am looking forward to welcoming you all to my garden studio. I have incredible support from my loved ones, my family and friends, my hairdressing community and my Juiceplus teamies, I can't thank you all enough for helping me build new adventures.



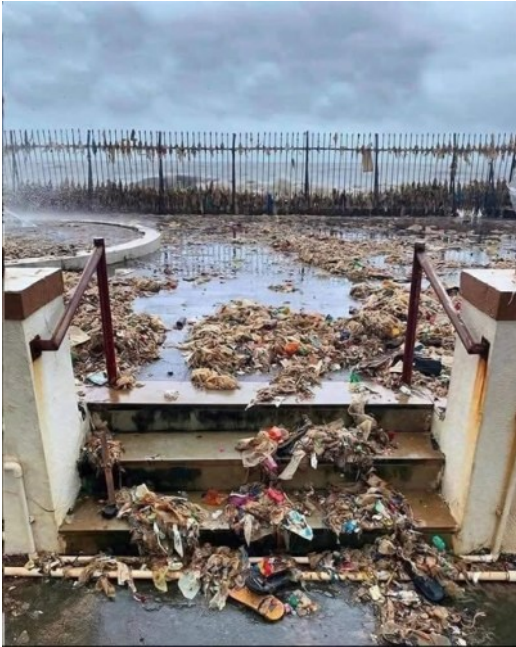
Rose Cottage Garden Studio



EMMA HOSIE

Hairdresser and Nail Tech

Tel: 0777976866 for an appointment



I give it back what is
yours.

Signed, the sea.

BRIDGERULE VILLAGE HALL

HIRE the HALL from just £25

Small Kitchen £10

Large kitchen £15

BOOKING CLERK Telephone: 01288 381350

sheilacholwill@btinternet.com

Special Price for Local Clubs

BRIDGERULES BUZZING COMMUNITY = *facebook page*

***'If you wish to promote an event in our village...
want something ...or maybe have something for sale'***



***Just let Stacey Hillier Cholwill know and she will upload it on to our
face book page'.***

Stacey is on 01288 381843 or email her on shillier357@yahoo.co.uk

ST. BRIDGET'S CHURCH
SUNDAY MORNING SERVICES



02nd March	Eucharist	Rev. Alison Hardy
09th March	Morning Prayer -	Mrs Mary Aicheler
16th March	Joint service at Methodist Church	
23rd March	All Age Eucharist -	Rev. Alison Hardy
30th March	Benefice Eucharist at Holsworthy	
06th April	Eucharist—	Rev. Alison Hardy
13th April	Morning Prayer—	Mrs. Mary Aicheler
20th April	Easter Sunday—	Eucharist Rev. Alison Hardy
27th April	All Age Eucharist—	Rev. Alison Hardy

No Transport?



RING AND RIDE

- Door-to-door minibus service for all ages, wheelchair & scooter accessible

CARS FOR CARE

- Door-to-door service for medical appointments, 50p per mile

HERE FOR HIRE

- Mini Bus Hire for Community Groups & Charities
- £75/day - £50/evening , self drive

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office@holsworthy ruraltransport.co.uk

The Carroll Suite, Holsworthy Memorial Hall, Holsworthy EX22 6DJ

ZUMBA GOLD – Low Impact

Monday Morning 09.45 – 10.45 am
11.00- 12.00 am

Licenced Instructor Sharon Martin

Tel: 07805026364 /or email
shazforty@hotmail.com



TABLE TENNIS

Tuesday from 2.00pm

Contact Alan on

01288 382988 or

email quilts@hotmail.com

PILATES - Tuesdays 5.45 - 6.45

7.00—8.00

EMILY SKERRETT

Email: ems1982a@gmail.com

Tel: 07828947545



ART AND CRAFT CLUB

Wednesday afternoon

Contact Kath on

01288 381459 / or

Kathwhatmore@gmail.com

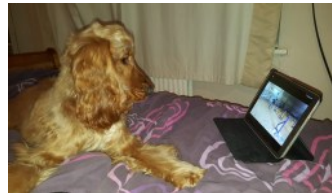


BRIDGERULE FUN DOG CLUB

Wednesday AM/Monday Evenings

Contact Steven Spencer on

Fairlightcages@outlook.com



SHORT MAT BOWLS

Friday from 2.00pm

Contact Scott on 01288 381459

or email sdwhatmore@gmail.com



Derril Water Solar Park Update



We are pleased to provide an update on the current developments at our site. Installation of the solar panels is actively underway, with the western area successfully completed. The structural work is mostly finished, apart from the compound and laydown areas, which will be addressed later as manpower levels decrease and can be demobilised.

The Customer Substation (CSS) has been delivered and installed on its concrete base. Additionally, the construction of the Distribution Network Operator (DNO) substation walls and roof is complete, with ongoing work on the metering room.



Four age Stations (MVS) have been installed on their bases, with the remaining three expected to be completed in the coming weeks. We are also making headway on the installation of direct current (DC), strings, and low voltage (LV) cables and CCTV outdoor cabinet bases.

Horizontal directional drilling (HDD) is currently being performed, with an estimated four weeks required to complete the three drill holes. These will allow cables to go beneath the public road, connecting the northern and southern sections of the site.



We acknowledge that due to the ongoing work and current weather conditions, there has been a noticeable amount of mud brought onto the roads. We are in communication with our contractors to address this issue and are exploring measures to minimize the impact. We appreciate your understanding as we continue with the project.

AI and the Ministry of Misinformation

I listened to the Prime Minister the other day, he was saying the UK should be an epicentre for AI, which I agree with. Then he said the most ridiculous thing that AI will help fix the pot holes in the road and this type of misinformed talk only serves to confuse computer users into thinking AI can work wonders, in truth AI is being used by scammers and thieves more effectively than most businesses at this time. That will change but it's a few years away just yet. So, if you hear AI can make Pigs Fly or that Brad Pitt is in hospital and cannot afford the hospital fees, or a Nigerian Prince or Princess is madly in love with you, but can't afford the air fare to visit you reflect on AI fixing potholes in the road, you may just see that flock of pigs overhead.



I was called to fix a computer which seemingly had been taken over by McAfee anti-virus software and no matter what the user did to try and avoid it all that was presented on screen were warnings the system had 5 infections and needed clearing out. "Press here to continue". In fact, the system had 8 infections and all from a Russian scammer, how did I know that? The scammer was stupid enough to display his email address on the screen and not the McAfee website address.

Why had this happened? the user failed to notice the installed antivirus software had failed to start and the system was exposed to online attackers.

The moral here is when switching a computer on, check to make sure you are fully protected before accessing the internet, especially Social Media Sites.

What's that you say? You have nothing of value to steal because you don't bank online or shop for groceries, you just communicate with a few emails and watch a few videos on TIKTOK.

Did you know that your email address and system IP address can be sold for about £10 and your full identity is worth between £50 and £500, depending on your perceived wealth. Big House, Big Car, Golf club membership, Foreign Holidays are all wealth indicators and an empty house can be flagged up if booking a car hire for 2 weeks in Spain, or anywhere else for that matter!

Ah, but you have video cameras and security system with online links. A pair of pliers can stop that very quickly, especially as the black fibre optic cable can be accessed from outside the house and if your router is not fully secure it too can be switched off from a distance of 30 metres. NB: Routers can also be accessed through a printers direct WiFi connection if not secure. – Happy Holiday! Oh! Did I tell you about booking.com – No? well, maybe next time!

For free Telephone advice contact Brian Meadows Tel: 01288 381061

Nofix-Nofee Computer Repairs Service

Those who have kindly agreed to sponsor The Buzz are:-

John & Sylvia McDougall - Uplands
 Robert & Julie Honey - South View
 St Bridget's Church Bridgerule
 Angela Brock—The Green
 Mr & Mrs Steel - 8 Southfields.
 Mr & Mrs Allison - Canna Park
 Fred Bond -The Green
 Linda Goodman—1 Bridge
 Richard & Gill Heal - Holsworthy
 Steve and Jo South -Brensham House
 Michael & Jeannette Yeo - Holsworthy
 Marilyn & Victor Pickett— Southfields.
 Ray & Audrey Bewes -The Green
 David & Vivienne Hale -Lodgeworthy
 Mervyn & Sylvia Lucas - Bude
 Ron & Marion Abbott - 2 Bridge Park
 Trevor & Sue Bowden -Churchtown
 John & Carol Palmer - Holsworthy
 Michael & Linda Moore—Okehampton
 Les & Betty Slade - The Green
 Ray & Jan Orchard - Sunnyfields
 Heather Fraser - The Green
 Colin & Fiona O'Reilly - Southfields
 Barry & Joan Marshall - Littlebridge Meadow
 Richard and Michelle Chinn
 Don & Georgina Hemmings Littlebridge Meadows
 Cliff & Liz Seymour-Smith — Glencarne
 Mr & Mrs D J Best - Old Mill View
 Steve and Dee—Southfields
 June Rogers—Springbank
 Tony Wallis—Littlebridge Meadows
 Peter & Clarice Harris—Highlands
 Sue Cowan-Dickie -
 Freda Lacey - 8 Bridge Park
 Gwen Prouse—Bude
 Graham & Claire Braund—Littlebridge Meadows
 Barry & Lisa Lucas - Elmpark
 Steve & Lorraine—Meadows Barn
 Alex and Emily—The Old Paddock
 Rob & Carol Cox - Willow Crest
 Colin & Helen - Bridgerule
 Paul & Pauline Latham - The Green
 Ron & Sheila White—Littlebridge Meadows
 Phil and Sue Sanders—26 Southfields
 Rex and Helen Eccott—Crosspark
 Ken & Liz James - Merrifield
 Christopher & Heather Darwin
 H Taylor - Southfields
 Tom & Lucy Murray
 D. Leach—5 Macarthur Close
 P.J. Bobcat Hire— Colin Cholwill
 Chris & Rose Hitchings - The Hitching Post
 Alan & Rosie Beat —The Mill
 Melissa Field - 10 Southfields
 Bob and Ellie Mitchell - Littlebridge Meadows
 John & Sonia Gardener - Buttsbeer Farm
 Grenville & Margaret Cleave - Garden Ridge
 Christine Gee - Southfields
 Bill & Margaret Eastcott- Littlebridge Farm
 Neville & Wendy Rimmer - Silverstone
 Paul & Stacey Cholwill -1 Littlebridge Cross
 Joan & Michael Thornton- Atlanta
 Michelle and Paul Sanders - Rimmersleigh
 Malcolm Newton —Southfields
 John and Michelle Jardine
 Roger & Diane Green —Moorside
 Julie Reddcliffe - Holsworthy
 Kevin & Leslie Bowditch - Littlebridge Meadows
 Darren & Tasha Stephens - Sanctuary Lodge
 Bill & Lynn Keeley - Canada
 Pete & Angela North - Kents View
 Tim and Carol Honey - Grove Farm
 Alan & Linda Weekes - Littlebridge Meadow
 Jane Charlesworth—Littlebridge Meadows
 Miss P Glover - Lower Dux
 Shaun and Sonia - Elm Cottage
 Mrs J. Vinnicombe - Holsworthy
 Rick & Sarah Hallett—Littlebridge Meadows
 Mr & Mrs James—Borough View
 Mrs Christine Routley—Holsworthy
 Malcolm & Joyce Shadbolt—Kildare
 Trevor & Linda Snowdon—The Green
 Helen Jayne— The Green
 Scott & Kathy Whatmore - Brooklands
 Nigel and Crystal - Tackbear
 Phil & Doreen Elswood Cair Paraval
 Sarah Poole — Javad
 Winnie Westlake—Arthmead
 Richard & Leila Camp - 1 Meadow View
 Fred and Suzanne Cogdell—Green Pastures
 Steven and Annie Youldon = Knowle
 Ian and Tracy—Larapinta
 Joan Whatmore—Southfields
 Gautam & Susan, Camellia, Canal Rise
 Palmer Family— Tamar House
 Ray & Shirley Delaforce
 Bob & Donna Cooper—Southfields
 F. Jackson—East View

Holsworthy History Society

Holsworthy History Society meets at 7.00 pm on the second Thursday of the month in the Manor Suite which is behind the Memorial Hall in Holsworthy. There are talks about local history and talks relating to history further afield. The next few talks are:

13th March – Winston Churchill, his later years by David Kendrick

10th April – The Royal Navy by Paul Fitzpatrick

8th May – Holsworthy Court Leet by Richard H Brown

For more information contact:

Julia Warren – 079388 33425 or

holsworthyhistorysociety@gmail.com

EVERYONE IS WELCOME

BRIDGERULE METHODIST CHURCH

Services at 11.00am

02nd March	Jan Orchard
16th March	Mark Shears
23rd March	United Service at St. Bridget's
06th April	Lorna Bowden
20th April	Clive Smale Easter Sunday
27th April	United Service at St. Bridget's

SHEILA'S MENTIONS

HAPPY BIRTHDAY EVERYONE:

Peter Green for the 10th March
 Fi O'Reilly for the 12th March
 Freda Lacey for the 18th March
 Susan North for the 19th March

John McDougall for the 5th April
 Rose Hitchings for the 7th April
 Shirley Abbott for the 11th April
 Liz James for the 22nd April
 Hazel Cann for the 22nd April



Several of the village attended Tanya Peschke's very memorable service recently at North Devon Crematorium. Our thoughts and prayers continue to be sent to Tanya's immediate family, Todd, Jedd and Kelsey .



**Happy 60th
 Steve South
 for
 10th March**

Our thoughts are with sons Andrew and Philip Poule. Their mum, Doris, recently passed away. She lived in Southfields and before her health deteriorated attended the local coffee club.

Neighbourhood Watch Notes

They're at it again! Or more correctly they have never stopped, it's just we haven't had one for a while. "This is bank security and your card has been used for £199•99 for Amazon and another £800. This is not a card you have used before. Press one to authorise, or two to speak to us". And this call from the mobile number 07934855816. Bank security on a mobile! Ha! Well that's another number for Call Protect. Should they call again, they get the junk voice mail treatment.

Following several burglaries in Barnstaple and where high value cars appear to have been targeted for probable theft, the police were, in the nicest possible way, stating the obvious. Keep things locked, gates, doors, windows, sheds and particularly your vehicles with the alarm switched on.

Do you appear to have door cameras or CCTV around your property. Ensure they work, or seem to if false. Illumination triggered by movement is a definite deterrent.

Are you off to a show, concert or holiday having bought tickets on-line? Have you? Did you? Or was it just paying Scammers your hard earned. £370k, yes thousands, has been lost during the previous 6 months and reported by over 500 individuals.

Remember you should contact Action Fraud on 0300 123 2040, or email "report @[phishing.gov.uk](mailto:report@phishing.gov.uk)", as it all helps in the long run. Phone 159 if you believe you have fallen foul of scammers regarding your bank, and speak to the real fraud department of your bank.

"Lookout for your neighbours and help to keep the community safe"

John McDougall 01288 38237
(down the copper wire)



REMEMBERING MARIE AND DEREK FIELD



I would like to thank friends and neighbours who came to my mum and dad's memorial service last October, at St. Bridget's Church. It was a service to celebrate and remember them, Maria and Derek Field and to say 'goodbye' by interring their ashes in the churchyard. This was their wish as both mum and dad thought of St. Bridget's as their church.

I would also like to thank those who made this service possible. I was comforted by your support. I also wish to extend my thanks to those who helped over the years and cared for mum with her chronic ill health and dad as he got frailer towards the end of his life.

With love and gratitude - Melissa Field (10 Southfields).

BRIDGERULE ROAD CLOSURES MARCH/APRIL 2025

Methodist Church to Furze

10th March to 14th March

Newacott Cross to Victoria House

22nd April to 25th April



Margaret Eastcott has lived in Bridgerule for many years. She and her husband Bill, reside at Littlebridge Farm. This is some of her memoirs.



I was born in Bude during the war and had two older sisters, Mary and Dorothy. The home my family moved to in Bridgerule had been built by my dad and it was called Southbank. In the field opposite our home, now Southfields, was a searchlight battalion. The soldiers often came over to us for parties and baths. One such soldier, returned for his summer holiday every year for many years.

My father, owned a garage and filling station. This is now Jewells Cross Service Station. My father also had a repair garage nearer to our home and an open front building which housed the milk lorries. These were used to collect the milk on a daily basis from local farmers and taken to the milk factory at Torrington. When the roads were snowbound chains were put on the wheels and two men went out with each lorry using spades to dig themselves out if necessary. Staying at home was not an option.

Opposite the houses at Bridge Park used to be our old Parish Hall. I recall my sister having her wedding reception there. Alcohol was not permitted but Rev. Kingdom said he had never tasted such good lemonade! Next to the hall at the time was a row of cottages which later were demolished.

What is now known as The Glebe was once a vicarage and a room above what was known as the vicarage stables was often used for many local events which took place. I recall that to access this room one had to negotiate some very steep steps.

Next to the Bridge Inn was the Blacksmith Philip Dinner. I remember taking my pony there to be shod. John Barrett and his mum, Christine ran the local grocery shop. I must not forget to mention, husband Wilf . This is now a private home. Miss Pratt ran a haberdashery and sweet shop the other side of the pub. I can remember going there with my sweet coupons.

I remember a professional travelling theatre company coming to Bridgerule when I was sixteen. Head of this theatre company was Peter Allen. Members of the company stayed with various local families. Various plays were performed in the Village Hall and some of us were given small parts in these plays.

I attended Bridgerule Primary School until I was eight years of age and then started at St. Joseph's Convent in Launceston. At the age of sixteen I became a teaching assistant at Altarnun Primary School, staying at the White Horse Inn and travelling each day by bus to my employment. At the age of eighteen I went to Rolle Teacher Training Collage in Exmouth. I had a group of six friends at the college and we are still in contact with each other.

Gymkhanas were popular in the villages and as I too had a pony I remember travelling miles to attend one. We would hire a haulage lorry from Mr Vanstone and five or six of us would ride in the back with our horses. We used to ride in the space above the cab. It was usually late at night before we returned.

My dad was the instigator of our present hall built by volunteers in 1956. and I remember he went off to buy second hand chairs for it. For a while the floor was just bare concrete. I was elected Bridgerule Revel Queen in 1957 and Bill took me home from the Saturday night dance. My attendants were the late Beryl Colwill (nee Heard) and Dorothy Cholwill.

Bill and I were married in 1964 at St. Bridget's Church. The bridesmaids were Hilary Congdon and Bills sisters Pat and Joy. Our honeymoon was spent in London and Holland.

Our favourite holiday destinations have been Majorca and Greece but we have also visited Iceland, Florence and Morocco.



Margaret continues...

I rode in 2 point to points; both over the course on Bodmin Moor. It was over banks which always seemed enormous. I came back more exhausted than the horse.

Horses and dogs have always been in my life. At the moment it is Calico and Megan. Calico twice represented the South West in the Riding Club dressage finals at Lincoln, ridden by Debbie Randall. We slept in the lorry.

We have two sons. Andrew studied stage management at the Central School of Speech and Drama. Andrew now lives in Bude. Mark had a degree in furniture design from the London School of Furniture Design and now lives in Australia.

I conclude by feeling very lucky to have lived in a lovely part of the country and have never wished to have lived anywhere else.

The editor wishes to thank Margaret for writing about some of her personal life memories alongside those she recalls of our village.



TATSON FARMHOUSE

BED & BREAKFAST

Telephone 01288 381011

tatsonfarmholidays.co.uk



Our Shop

Our amended opening times are:

Monday to Saturday 09:00 – 17:30

Sunday 09:00 – 12:00

We have come to our first trading year end and I am pleased to say things are going well. Details will be announced at our Annual members meeting in July once the accountants have finished their work. A big thank you to Michelle (our volunteer bookkeeper) for keeping us in control.

By the time you read this we will have sold over 1,000 boxes of eggs (and eggcellent they are)! We had nearly 5,000 items in stock (yes we counted them) and over 1,100 lines listed on the till.

New stock is arriving every week. If there is something you would like the shop to stock just ask one of us in the shop & we will see what can be done.

Our volunteers are doing a really good job and so why not, if you can spare a few hours, come and join our merry band of volunteers. Just pop into the shop & leave your details. We will get back to you.



Meet Bridget!

She is our latest addition at Our Community Shop. If you haven't seen her yet pay us a visit. Bridget is always there to greet you!

Crocheted by Rose Hitchings a very talented lady



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Email: KatesCompleteFeet1@gmail.com

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info@helenclaireswimclub.co.uk

for more information



Ant The Lawn Ranger

For grass cutting & garden
maintenance call:

Antony Jarvis

Mobile: 07990016467

Email:

antony2191@googlemail.com



I am a Nail Technician specialising in natural nails. I work from a tranquil home salon in Week St Mary. I am passionate about looking after the health of your natural nails so exclusively use CND Shellac – a gel polish that causes no damage to the nails. Flexible working hours to suit your needs.

- CND Shellac Manicures and Pedicures
- CND Vinylux nail polish
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- Nail Art
- Healthy Nails Programme (for nail biters)

Contact me today

0775 1094209

Tracyann Hutchins

Stoneleigh, Week St Mary, Cornwall, EX22 6XA

email: info@izzyb.co.uk

Website: www.izzyb.co.uk

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1

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2

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3

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